

# Camp Omega Health Information Form

Camp Session Name & Date \_\_\_\_\_

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Gender M F Birthdate \_\_\_\_\_ Age \_\_\_\_\_

Name of Parent(s)/Guardian(s) (or Spouse) \_\_\_\_\_

Home Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone Numbers: Home \_\_\_\_\_ Mobile \_\_\_\_\_ Work \_\_\_\_\_

Emergency Contact (other than parent/guardian) \_\_\_\_\_ Relationship \_\_\_\_\_

Phone Numbers: Home \_\_\_\_\_ Mobile \_\_\_\_\_ Work \_\_\_\_\_

Medical Insurance Co. \_\_\_\_\_ Policy/Certificate Number \_\_\_\_\_

Policy Holder's Name \_\_\_\_\_

Physician \_\_\_\_\_ Phone \_\_\_\_\_ Dentist \_\_\_\_\_ Phone \_\_\_\_\_

**Medications Being Taken:** List all medications (including over-the counter) taken routinely. Bring enough in original packaging with complete instructions for entire camp period. Medications will be dispensed according to label instructions.

Medication #1 \_\_\_\_\_ Dosage \_\_\_\_\_ When taken each day \_\_\_\_\_

Medication #2 \_\_\_\_\_ Dosage \_\_\_\_\_ When taken each day \_\_\_\_\_

Medication #3 \_\_\_\_\_ Dosage \_\_\_\_\_ When taken each day \_\_\_\_\_

Are all immunizations require for school up to date? Yes  or No  Month & Year of Last Tetanus Shot \_\_\_\_\_ / \_\_\_\_\_

## Health Information

General Questions (if "yes" explain below)	Yes	No
1. Has food allergies?	<input type="checkbox"/>	<input type="checkbox"/>
2. Must have a gluten free diet?	<input type="checkbox"/>	<input type="checkbox"/>
3. Must have a dairy free diet?	<input type="checkbox"/>	<input type="checkbox"/>
4. Has environmental allergies?	<input type="checkbox"/>	<input type="checkbox"/>
5. Has a heart condition?	<input type="checkbox"/>	<input type="checkbox"/>
6. Is subject to fainting?	<input type="checkbox"/>	<input type="checkbox"/>
7. Is subject to upset stomach?	<input type="checkbox"/>	<input type="checkbox"/>
8. Is subject to motion sickness?	<input type="checkbox"/>	<input type="checkbox"/>
9. Has a reaction to bee sting?	<input type="checkbox"/>	<input type="checkbox"/>
10. Has a reaction to penicillin?	<input type="checkbox"/>	<input type="checkbox"/>
11. Has a reaction to poison ivy, oak or sumac?	<input type="checkbox"/>	<input type="checkbox"/>
12. Has a reaction to other drugs?	<input type="checkbox"/>	<input type="checkbox"/>
13. Has had a recent injury or illness?	<input type="checkbox"/>	<input type="checkbox"/>

General Questions continued...	Yes	No
14. Has a chronic or recurring illness/condition?	<input type="checkbox"/>	<input type="checkbox"/>
15. Has ever had a seizure?	<input type="checkbox"/>	<input type="checkbox"/>
16. Has had chest pain during or after exercise?	<input type="checkbox"/>	<input type="checkbox"/>
17. Has diabetes?	<input type="checkbox"/>	<input type="checkbox"/>
18. Has asthma?	<input type="checkbox"/>	<input type="checkbox"/>
19. If female, has an abnormal menstrual history?	<input type="checkbox"/>	<input type="checkbox"/>
20. Has a history of bed-wetting?	<input type="checkbox"/>	<input type="checkbox"/>
21. Ever had frequent ear infections?	<input type="checkbox"/>	<input type="checkbox"/>
22. Had mononucleosis in the past 12 months?	<input type="checkbox"/>	<input type="checkbox"/>
23. Has had back problems?	<input type="checkbox"/>	<input type="checkbox"/>
24. Has frequent headaches?	<input type="checkbox"/>	<input type="checkbox"/>
25. Has had high blood pressure?	<input type="checkbox"/>	<input type="checkbox"/>
26. Has activity restrictions or limitations?	<input type="checkbox"/>	<input type="checkbox"/>

Please Attach a Copy of the Participants Immunization Records.

Explanations of activity restrictions or limitations if any: \_\_\_\_\_

Explanations of past medical treatment if any: \_\_\_\_\_

Explanation of any physical, mental, or psychological conditions requiring medication, treatment or restrictions if any: \_\_\_\_\_

## Important - This Form Must Be Signed Prior To Participation!

This health history is correct so far as I know, and the person herein described has permission to engage in all prescribed camp activities except as noted.

**Authorization for Treatment:** I hereby authorize the Camp Omega staff to administer medications and first aid as deemed necessary well as authorize the medical personnel selected by the camp staff to provide routine health care and emergency medical care by medical staff to hospitalize, secure treatment for, order injection, anesthesia, blood transfusions, or surgery, and to release any records necessary for insurance purposes as well as provide or arrange necessary related transportation for the above named participant. This form may be photocopied.

**Photo Image Release:** As a participant in a Camp Omega event, I give permission and consent to allow photos, videos, and interviews to be taken of the above mentioned individual during the camp session. I further give consent that any such images or interviews may be published in a variety of ways and used to illustrate and promote Camp Omega and the National Lutheran Outdoors Ministry Association.

★ **Signature** of parent/guardian or adult guest/staff \_\_\_\_\_ Date \_\_\_\_\_

For Camp Use -

Updates / Additions to health history noted [ ] Yes [ ] No [ ] None Required

Notes: \_\_\_\_\_

